

HEB ISD School Health Advisory Committee

MINUTES

04/19/22

Call to order at 5:30 pm

Roll call: Membered signed into chat for attendance

Approval of Minutes from last meeting of 02/15/22 -Julia Harris made motion to approve minutes. Carla Dockens seconded approval of minutes.

Science/Health Curriculum-Dr. Sally Scoggins, Health/Science Curriculum Coordinator: Joy Keohane read contents:

MS component: wellness, taking care of mental/emotional health, nutrition, tobacco/alcohol/drugs, physical health safety, social health and wellness, human development; companion text for parent OPT IN- puberty, preventing and responding to violence, responsible sexual decisions, HIV/AIDS. This book will be used in 7th health on 3 junior high campuses.

HS component: wellness, mental/emotional health, physical health, avoiding hazardous substances, healthy relationship, environmental health, diseases/disorders, health across the life span; companion text for parent OPT-IN- beginning of life, adolescence and puberty, relationships and abstinence, violence prevention and response, sexually transmitted infections. This book will be used for 9-12th graders taking health.

Physical textbook will have companion chapters removed. If digital, parents still have to OPT IN and companion piece will not be pushed out to students if parents do not opt in. Students will have separate assignment in a separate location when OPT IN portion is taught. Parents can preview material posted 14 days prior to instruction. School will push out material digitally to parents for preview by request.

VOTE: Goodheart-Wilcox High School & Middle School Health Education Book (with separate opt-

Safety Updates-Robert Ball, M&O, Safety, Emergency Response Coordinator-
Live drills started again at beginning of March.

Counseling/Mental Health Updates-Carla Docken, Counseling Coordinator-
Julia Harris, Crisis Team Coordinator- Carla: District has received anonymous
donation of \$70000 to present Upstander Project (character trait education).
Training occurring in district in the weeks to come.

Julia:We have two new MOUs in place.

TCHATT – Texas Child Health Access Through Telemedicine. Services provided by
JPS. Students will be entitled to 5 free VIRTUAL sessions of counseling and/or
psychiatry. Upon discharge from TCHATT student will be connected with services in
the community for continuation of services.

- Recovery Resource Council – Substance Abuse services. Offer up to 6 sessions,
complete an evaluation after the 6th session, and offer additional sessions up to a total
of 10.
- Provide outreach, screening, assessment and referrals of youth and families with
additional needs
- FREE Virtual Counseling during the Summer for Middle and High School students
–Flyer Attached
- Professional counseling from a licensed counselor, for the following concerns:
 - Stress and Anxiety
 - Depression and Coping Skills
 - Anger Management
 - Substance Use
 - School Performance and Time Management
 - Grief and Loss

Virtual counseling sessions offered during the summer for HEB ISD middle and high
school students of all grades, including recent graduates

Professional counseling from a licensed counselor, for the following concerns, among others:

Miranda Beckmann-SHAC Review of HEB ISD Wellness Plan- goals have